

UNTIL THERE'S A CURE... CLEANING FOR A REASON® THOSE WHO CAN, DO. THOSE WHO CAN DO MORE, VOLUNTEER. www.cleaningforareason.org

THE LYNN CHALLENGE

GO CLEAN FOR A CANCER PATIENT!

In honor of Cleaning For A Reason Week, April 18–24, our Executive Director Lynn Frankenfield issued a challenge to owners and managers of our partnering cleaning companies: Join your technicians to clean for a cancer patient. Here are a few testimonials from those that took up the challenge.





It was my first clean. Not just for Cleaning For A Reason, but for any client. I was a bit nervous as I met Rebecca at the house to "help out." It was our second time at the home of this woman, who quite simply was battling for her life. She had gone through surgery, radiation, and was fortunate enough to have skipped chemo, but you couldn't miss the pills all over the house, that she hoped would extend her life.

She met us at the door and had the deer in the headlights look at seeing a man at her door, although she recognized Rebecca who explained that I was one of the owners of the business, and just there to help. I thanked her for letting us clean

I had my bucket and limited supplies and off I headed to the master bathroom. Of course, I wa to do a fabulous job, so I did my best to give her a deep clean on every little thing on the countertop, made the toilet look brand new, and wiped every surface I could find. Even the bottles of magic potions hadn't looked that good since they lived at Wal-Mart.

I was cleaning around a doorknob that was still in the package laying on the counter when I noticed a matching hole on the closet door. I asked the lady if she had a screwdriver and could I put it on for her. She said her husband had been meaning to put it on for a long time. We shared a laugh, as I reminded her to only remind him every few months. A few minutes later the closet door was as good as new and I moved onto the second bathroom.

We always tell our applicants how cleaning for someone else is really hard work, but this time I

got to experience it firsthand. After an hour and 45 minutes, I was pretty exhausted. It was very hard, not like building some project in the garage with power tools! We got to share a few minutes chatting about her journey, before I had to head out to check out a job on which we had a new house cleaner. Rebecca did a great job of finishing up the things I didn't get to as I drove off into the sunset.

As I pulled away, I felt how lucky I was to have a healthy life and especially how lucky our business is that we get to give back to someone who just needs the help.

We've cleaned for about 14 patients and over 40 jobs to this point. The beauty is that although on paper we are the ones who gave, the reality is that we are the ones who gained. What a great feeling.

Jeff Hutton, Owner We Clean 4 You The Woodlands, TX





a difference for women with cancer.

My name is Sherry Kuykendall and I am the Operations Manager for Top Mops Cleaning Service. I had the humbling experience to clean with my team for a Cleaning For A Reason patient. She is a Mom of two small children and just as sweet, pleasant, and appreciative as can be. I noticed how frail and thin her body is as she enjoyed the afternoon sun, but was humbled by her emotional strength and courage.

Thank you, Cleaning For A Reason, for giving me such an opportunity to serve.

Sherry Kuykendall, Operations Manager Top Mops Cleaning Service Lexington, KY







I am so glad to do it. I enjoy helping women in their time of need and am grateful to be a part of Cleaning For A Reason. I have been in business for over 38 vears and have cleaned many of my customers' homes over those years. I have experienced a variety of cleaning challenges and have been fortunate to meet many wonderful people. I started the business out of my home and have built it into the successful cleaning company that it is today. Although I now spend most of my time overseeing the operations of the business, I do go out with the cleaning teams from time to time and clean with them. During Cleaning For A Reason Week, I felt so grateful to experience Cynthia's appreciation of Gingham Girls coming to her home to clean.



Karen Even, Owner Gingham Girls Cleaning Service, Inc. Sheboygan, WI

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WELCOME NEW PARTNERS

Abseco Cleaning Services Lenoir City, TN Absolutely Clean Farmington, TX All In One Services, LLC Old Bridge, NJ **Angel's Maids And Janitorial Services** Aranudville, LA

Avendra Service Group Tampa, FL **B&C Services Of Illinois** Oak Park, IL Benicia Cleaning Service Benicia, CA Beyond Clean Markham, ON, Canada Capulet Cleaning Kannapolis, NC Cleaning In Action, LLC Gaffney, SC Cleaning With Meaning Bushwood, MD Discreet Diva, LLC Lansing, MI Elite Housekeepers Baytown, TX Golden Shine San Diego, CA GreenTree Cleaning Services Irvine, CA Harford Housekeeping, LLC Jarrettsville, MD Holistic Home Cleaning Boulder, CO Indoor Edge Cleaning, LLC Gresham, OR KTproclean Ankeny, IA Lil Hot Mess. LLC Arlington. TX

Mae's Personalized Cleaning, LLC Winfield, MO Maid Cleaning Nashville Nashville, TN Maid To Be A Blessing Calhoun, LA Maid Valet Valdosta GA

MaidPro Central Bucks Washington Crossing,

MaidPro The Woodlands Magnolia, TX Merry Maids of Reading Reading, PA Our Family Cleaning Service Laurel, DE Pretty and Polished Cleaning Sacramento, CA Ready Cleaning Services Kansas City. MO Sc3ntz, Inc. Norfolk, VA

Specialty Cleaning Company St. Simons Island, GA

Star Quality Cleans Portland, OR Sue Bee's Cleaning of Spokane Spokane, WA The Cleaning Authority of Fort Myers & Cape Coral Cape Coral, FL

The Maids of Forsyth and Gwinnett Suwanee, GA

Three Roots Cleaning Services, LLC Perryville, MD Two Maids & A Mop of Tallahassee

Tallahassee, FL

You've Got Maids of Fort Lauderdale Plantation, FL

CLEANING FOR A REASON CORE VALUES





DELIVER OUR PROMISES WITH **COMPASSION** to our customers and partners

Provide TRANSPARENCY in all we do Be HONEST AND ETHICAL in our actions and words

Hold a PASSIONATE COMMITMENT to our vision

> Be RESPONSIBLE in the management of our resources **INSPIRE** others

Sponsors



















FROM THE FOUNDER'S DESK _____ **Understanding Cancer Patients**

I have had the opportunity over the years to get to know a few of our cancer patients from my cleaning service. You know the difference that a clean home can make. Can you imagine how much moreso a clean home can impact a cancer patient?

Patients often express a huge sense of relief after being matched with a maid service. Cancer is isolating enough, but our cleaning partners are welcomed into the homes of women with cancer, where they help to make it a place to heal and invite others in. For many patients, a clean home can mean a healthier home and a shortened "to do list," allowing patients to focus on their health and their treatment. A clean home can also make it easier to welcome into their homes other much-needed support from family, friends, and community.

Even though cancer is a widespread disease, each individual who suffers from cancer is uniquely affected. Family and friends of loved ones who are battling cancer are often confused and worried along with the patient. It can be difficult to cope with a diagnosis of cancer and its treatments, along with the possible side effects. These patients are scared and fighting for their lives. Their attitude and mood can change from day-to-day, one minute feeling hopeless and the next feeling like they can take on

Coping with cancer in everyday life means being prepared for the unexpected. Do you or your techs get frustrated when a patient has to cancel at the last minute? Has a patient just not been home when their cleaning was scheduled? As an owner of a cleaning service, I know that this occurs at times, but I always remind myself and my staff to

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remember that these are cancer patients and their plate is very full working on saving their life.

Patients may find themselves exceedingly tired and unable to eat or sleep properly, often having to restrict their activities and what they can manage. Patients may experience mental cloudiness, also known as "chemo brain," where they could feel forgetful, confused, or have difficulty concentrating. Many times, patients may find themselves suddenly "sick" and have to rush into a doctor's office, only to wait for hours and have no idea when they will get back home. The patient's chemo treatments can greatly affect their immune system so that just a sneeze from another person can put them at risk for a hospital stay. Can you imagine living with that fear?

I've also realized that cancer treatments can affect the patient differently every time. Even when you have a scheduled cleaning appointment, the patient may have to cancel based on how their body is responding to chemo that day and the severity of their symptoms. There are so many factors that these women are experiencing and having to consider in their overwhelming world of fighting this

We do not always know the situation for these amazing cancer patients that we have chosen to help. Serving cancer patients has taught me to have patience and to want to help these women even more. Your friendly, caring smile and support goes a long way and means the world to these women. As always, Cleaning For A Reason thanks you for making a difference in these patients' lives and for making their world a better place. Having a clean home when you are sick is a wonderful thing.

need. For me, there is nothing more rewarding than

to know that I am making a difference in the lives of

We are proud to be part of Anita Astrakhan's

support system as she fights for her life. I am honored to have been able to clean personally

for Anita. She is so tired these days and is very grateful for these services. I can go to sleep at night

knowing that I helped someone fighting for her life. It is giving to others that makes me happy

those who need assistance.

Tom Heveron, Owner

Vero Beach, FL

Beachland Cleaning Service



"I cannot express my gratitude enough for Cleaning For A Reason and Polished Cleaning Services of Keller, TX. I'll be hiring them once my fourth donated cleaning is done. I truly appreciate their service.

My cancer left me in a chair. It's so hard for me to mop floors and clean the oven. I work hard to keep my family fed and in clean clothes. Such a blessing to have help without having to explain anything. Those women came in and went to work. I just wanted to cry from the release of stressing over things they just made disappear. Thank you! God bless you.

I regretfully have had to refer two friends to your site. Cancer is hard enough. You hate to see your loved ones get their news. Thankfully, there are great people like you to help.

~Mary Clinton, Cancer Patient, Haslet, TX



CHARTER PARTNERS

American Maid Cleaning, LLC Buckets & Bows Maid Service, Inc. Clean & Simple Cleaning

Complete Custom Cleaning, LLC Dial A Maid, LLC

Domestic Aide of Tulsa

Domestic Service Resource, Inc.

Guarantee Girls

Imperial Cleaning Company

Jo Ann's Home Solution (formally

Jo Ann's Professional Cleaning)

Johnny Sparkles Cleaning

Life Maid Easy

Lilly's Cleaning Service, Inc.

More Time for You

Never Clean Again

Partners In Grime - MO

Pearl's Home Cleaning Angels

Pride Klean Service Corp

Teresa's Family Cleaning, Inc.

The Cleaning Authority – Nashville

The Cleaning Pros, Inc.

The Cleaning Solution

The Upstairs Maid

Save the Date





May 18 - How To Set Up A Successful Cleaning For A Reason Program In Your Business

I partnered in 2007 with Cleaning For A Reason after I learned about this wonderful foundation that makes a difference for woman with cancer. We have been able to give more than 400 free home cleanings to patients since partnering. I am very passionate about this foundation and want to help impact those in

RIBBON CUTTING EVENT

In partnership with more than 1,200 cleaning companies throughout the United States and Canada, Cleaning For A Reason celebrates 10 years of dedicated service to women battling cancer. Since 2006, these two forces have donated more than \$5.7 million in free house cleaning services, helping more than 21,000 women with cancer. The foundation is based in Lewisville, TX.





give.mobi/clean [scan code or enter URL]

Scan the QR code or type in the URL to donate.

Your support today will allow us to provide free house cleanings to women undergoing treatment for any type of cancer.











